



CONFERENCE INFORMATION

Date: April 14-17, 2011 Location: Metro Toronto Convention Centre, North Building. Conference is on Street level 200 and The Show is in Hall C, 255 Front St. West, Toronto, On M5V 2E6. We suggest using GOOGLE MAPS

- Bring a piece of photo ID along with your conference receipt to pick up your badge at registration in the North Building, level 200, of the MTCC *at least 30 minutes* before your first class. 255 Front Street West.
- Bring the props you require to class; mat, blocks, straps, blanket, journal and pen. Many classes require bolsters and blankets. Please see this link for class prop suggestions to optimize your class experience:
- Show Floor admission is **INCLUDED** with your conference badge. \$15 for your friends. Hours are 10 am - 7 pm Friday April 15th & April 16th and 10 am - 6 pm Sunday April 17- you can purchase props, clothing, organics, gourmet vegetarian food and a variety of the hottest new trends, products and services on the show floor.



- **Maria Garre is hosting a FREE to all, Trance Dance** extravaganza from 8 - 10 pm Friday April 15th, come move and groove in a guided Trance Dance! Bring your friends! Do not miss this excitement.



- On line Registration will remain open throughout the conference

- **PLEASE NOTE: ALL on site class changes are \$10**

- There is no on-site phone number the office is closed from Tuesday April 13th to Tuesday April 19, 2011. I do my best to reply on my blackberry. info@theyogaconference.com



- There are still some hotel rooms available at the Residence Inn, Intercontinental, Strathcona. Additional rooms can be found at the Fairmont and Radisson. Please see Hotel/Travel on theyogaconference.com web site.

- The specific class room number(s) will be displayed on your conference badge

- BRING YOUR SMILES AND BRIGHT EYES and we will share ours back!

Thanks
See You Soon
Ruth & Neil